



**BOLD HOPE**

Matt Talbot Kitchen & Outreach was founded in 1992 by Mary Costello and named for Matt Talbot, an Irish Catholic who overcame his alcoholism through faith. Mary and co-founder Ruth McKinstry organized volunteers to serve dinner every Saturday evening. From that all-volunteer beginning, Matt Talbot has grown into a faith-based and ecumenical outreach serving lunch and dinner 7 days a week and offering services to prevent homelessness and to help the homeless return to self-sufficiency.

### Services

- Hunger Relief
- Showers & Laundry Services
- Mailing, Phone & Messaging Service
- Basic Needs & Personal Care Items
- Emergency Food Pantries
- Gas Vouchers
- Information & Referral
- Advocacy & Outreach
- Homeless Identification Project – helps replace lost or stolen identification needed for shelter, education and employment
- Medical Nutrition Therapy & Nutrition Counseling
- Cooking Classes for Adults and Children
- Life Skills and Tenant Education – Courses in Employment, Budgeting, and Housing
- CARE – Substance Use Counseling, Advocacy, Referral, Education and Evaluations
- Homeless Voucher Program Case Management
- Transitional Housing Program – helps people transition from treatment center to stable living
- Landlord Liaison Project – builds relationships with landlords, case managers, and prospective tenants who are homeless
- First HOPE – provides case management and rental assistance for the chronically homeless
- Homeless Diversion Program – prevents people from becoming homeless through mediation, conflict resolution, and housing assistance

### Hours

Monday through Friday 8:30 a.m. – 6:30 p.m.  
The building is closed Thursdays from 1 – 5 p.m. for street outreach and team meetings. The building is open for mealtimes only on Saturday and Sunday.

### Meal Times

Lunch and Dinner are served 7 days a week  
11:30 a.m. – 12:30 p.m. / 5:30 – 6:30 p.m.

### Community Partners

Because we are a first stop for people entering or at risk of homelessness, many partnering agencies come to our facility on a regular basis to offer services. Matt Talbot is known for collaborating with others to serve clients in the most impactful way possible, being careful not to duplicate efforts.

### Vision

Defeat hunger & homelessness. Restore hope!

### Mission

Matt Talbot Kitchen & Outreach serves the physical, emotional and spiritual needs of Lincoln's working poor and homeless through outreach, advocacy, education and the provision of food and shelter.

### Core Values

Compassionate Love, Dignity, Empowerment, Community, Integrity

### How You Can Help

Volunteers have been the heart and soul of Matt Talbot since our founding. To learn more about volunteer opportunities, visit [mtko.org](http://mtko.org). In addition, your contributions will give BOLD HOPE to someone in need. Donate online at [mtko.org](http://mtko.org) or mail to:

Matt Talbot Kitchen & Outreach  
PO Box 80935  
Lincoln, NE 68501

### MATT TALBOT KITCHEN & OUTREACH

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